

**2018 OSPA Fall CME – Salishan Resort - Preliminary Agenda (July 17, 2018 Version)**  
**October 11 – 14, 2018**

<b>Thursday, October 11, 2018</b>	
9:30 - 10:00 am	Registration
10:00 - 10:50 am	Obesity and Bariatric Surgery - Doing What's Best for the Patient <i>Andrea Stroud, MD</i>
11:00 - 11:50 am	Evidence-Based Care for Fibromyalgia <i>Ginevra Liptan, MD</i>
12:00 - 1:00 pm	Networking PA Issues Discussion <i>Lunch Provided</i>
1:00 - 1:50 pm	AAPA Presentation <i>AAPA President - Jonathan Sobel, PA-C</i>
2:00 - 2:50 pm	New Hypertension Guidelines: How Low Can You Go? <i>Tina Kaufman, PA-C</i>
3:15 - 5:15 pm	Advanced Suture Workshop - Keep Calm and Suture On – Beyond the Basics <i>Ora Olsommer, PA-C</i>
<b>Friday, October 12, 2018</b>	
7:00 - 8:00 am	Continental Breakfast in the Exhibits
8:00 - 8:50 am	Gut Microbiome - The Journey to Good Health May Be Through Your Gut! <i>Teresa Martin, MS, RD, CDE, LD</i>
8:55 - 9:45 am	Transgender Health Care: Basics for the PCP <i>Karin Selva, MD</i>
9:45 - 10:30 am	Exhibits Open
10:30 - 11:20 am	Clinical Challenges in Epilepsy <i>Kathalene Cassels, PA-C</i>
11:25 am - 12:15 pm	Health Disparities and Zip Code <i>David Bangsberg, MD, MPH</i>
12:15 - 1:15 pm	Lunch - Bringing Optimal Team Practice to Oregon: Where are We Now? <i>Erin Cramer, PA-C</i>
1:20 - 2:10 pm	Dementia, Delirium, Alzheimer's - Evaluation, Management, and Masquerader Pitfalls* <i>Juliana Bernstein, PA-C</i>
2:10 - 2:50 pm	Exhibits Break
2:50 - 3:40 pm	Leading on the Edge: Pain, Opioids, and Addiction* <i>Andy Mendenhall, MD</i>
3:45 - 5:45 pm	Joint Injection Workshop - Head, Shoulders, Knees, and Knows <i>Brent Norris, PA-C</i>
06:00 - 08:00pm	Exhibit Hall Opening Reception
08:00 - 09:30pm	OSPA's Political Action Committee (PAC) Reception in Sunset Suite

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<b>Saturday, October 13, 2018</b>		
	<b>Track 1</b>	<b>Track 2</b>
7:00 - 8:00 am	Continental Breakfast in the Exhibits	
8:00 - 8:50 am	Introduction to Mind-Body Medicine <i>Geoff Sittler, OT</i>	Safe Opiate Prescribing, Adjunctive Therapies and Alternative Treatment options in Chronic Pain Management* <i>Rachel Stappler, PA-C</i>
8:55 - 9:45 am	Oregon Medical Board (OMB) Update - An Open Dialogue Moving Forward <i>Nicole Krishnaswami, J.D.</i>	Cultural Competency -What We Should Know About Unconscious Bias* <i>Mari Alexander, PA-C</i>
9:45 - 10:25 am	Exhibit Break	
10:25 - 11:15 am	Concussions: What EVERY Provider Needs to Know <i>Erin Cramer, PA-C</i>	Suicide Risk Assessment - Becoming More Proficient on a Growing Issue* <i>Val Spear, PMHNP</i>
11:20 - 12:10 pm	Practical Hemorrhage Management: With and Without Formal Equipment <i>Mike Swartz, PA-C</i>	CV Building: For the Early Career PA or PA Changing Fields <i>Matthew Radel, PA-C</i>
12:15 - 1:15 pm	Lunch - Bringing Optimal Team Practice to Oregon: Next Steps <i>Erin Cramer, PA-C</i>	
1:20 - 2:10 pm	Total Joint Replacements: Setting Patients Up for Success <i>Mike Swartz, PA-C</i>	Contract Negotiations: For the Early Career PA or PA Changing Fields <i>Matthew Radel, PA-C</i>
2:10 - 2:50 pm	Exhibit Break and Close of PA Student Auction	
2:50 - 3:40 pm	Wound Care - Advances in Treatment and Care <i>Jenna Clowers, PA-C</i>	Interviewing Skills: For the Early Career PA or PA Changing Fields <i>Matthew Radel, PA-C</i>
3:45 - 5:45 pm	Complex Type 2 Diabetes Management Workshop - What to do When There is no Endocrinologist Available? <i>Patrick Boyle, MD</i>	
4:00 - 5:00 pm	Early Career PA Reception	
6:00 - 09:15 pm	<b>OSPafest - An Evening of Fun and Great Food &amp; Drink!</b>	
<b>Sunday, October 14, 2018</b>		
7:30 - 8:20 am	Continental Breakfast - Networking	
8:20 - 9:10 am	Nutrition and Evidenced-Based Diet Changes that Improve Cardiac Health <i>Miles Hassell, MD</i>	
9:15 - 10:05 am	Provider Resiliency and Stress Management <i>Jeff Myers, PA-C</i>	
10:10 - 11:00 am	Seeking Safety: Connecting Emotional Trauma and Substance Use Disorders <i>Lydia Bartholow, PMHNP</i>	

\*Sessions meet Oregon Medical Board (OMB) Continuing Education Relevancy Requirements that include:  
 Pain Management  
 Suicide Risk Assessment, Treatment, and Management  
 Cultural Competency  
 Alzheimer's Disease